SPECT EDUCATION TOPICS 03-22-2017

## **Counseling and Intensive Services**

Body, Mind & Soul (Spirituality) Education

**Domestic Violence Education** 

Mental Health & Depression Education

Safety (In-Home & Community) Education

Smoking/Tobacco/Alcohol Education

**Stress Management Education** 

Other

## Healthcare

**Annual Adult Physical Education** 

**Birth Spacing Education** 

**Breast Health Education** 

Contraception Education

**Healthy Weight Education** 

Importance of Nutrition Education

Infant/Child Immunizations Education

Lead Education

**Oral Health Education** 

**Prostate Health Education** 

Reproductive Life Plan Education

STI Education

Well Child Visit Education

Well Woman Visit (Routine GYN) Education

Zika Education

Other

## **Family and Social Support**

Child Development Education

Childcare Education

**Foster Parents Education** 

Grandparents as Parents Education

Home Visiting Programs Education

Parenting Education Education

Safety (In-Home & Community) Education

Other

## **Prenatal Education**

**Breastfeeding Education** 

Contraception after delivery Education

Danger signs in pregnancy Education

Healthy eating during pregnancy Education

Keeping baby safe/ no co-sleeping Education

Medications during pregnancy Education

Newborn follow up Education

Planning for birth Education

Postpartum care follow up Education

Postpartum depression Education

**Prenatal Care Education** 

Safe sleep (back to sleep) Education

Seasonal flu and handwashing Education

Skin to Skin (Baby Contact / Bonding) Education

Smoking and Alcohol can harm your baby Education

**Understanding Labor and Delivery Education** 

Other